



# SCREAMIN 5K RUN/WALK

Saturday, October 29 at 8am

**LOCATION:** Spring Creek Community, Off Rte. 15, 1.1 Miles North of Exit 136 on I-64, about 15 minutes from Charlottesville (gently rolling hills on the safe streets of our gated neighborhood)

**ENTRY FEES:** Register before Oct 29: \$20.00. Register on raceday: \$25.00.

**PROCEEDS:** All proceeds to benefit the **Zion Crossroads Volunteer Fire Department**  
**NEW:** Online registration available by visiting [www.screamin5k.com](http://www.screamin5k.com)

**CONTACT:** Ragged Mountain Running Shop, 434-293-3367 or [www.screamin5k.com](http://www.screamin5k.com)

**REGISTRATION:** Please make check payable to **Spring Creek Screamin' 5K** & drop off at Ragged Mountain Running Shop or mail by Mon. Oct. 25 to Bill and Missi Brown at 80 Saint Andrews Street Gordonsville, VA 22942. Registrations not mailed by October 25 **MUST** include \$25.00 registration fee.

**AWARDS:** Top 3 Overall Male/Female & Top Male/Female in 12 different age groups.

**HALLOWEEN COSTUMES encouraged!!!** Keep attire appropriate for all ages. PRIZE FOR BEST COSTUME!

**PACKET PICK-UP/LATE REGISTRATION:** Spring Creek Club House, Saturday, Oct 29 , 7:00-7:45am.

**INCLEMENT WEATHER:** 434-989-3358. Decision to be made 10/29/11 at 6am. Sorry, no refunds

LAST: \_\_\_\_\_ FIRST: \_\_\_\_\_

AGE ON RACE DAY: \_\_\_\_\_ SEX: \_\_\_\_\_ SHIRT SIZE: XS S M L XL XXL (\$2.00 Extra)  
Raceday registrants are not guaranteed the correct shirt size on raceday.

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Registration Cost: \$ \_\_\_\_\_ + Extra Charge (XXL shirt): \$ \_\_\_\_\_ + Extra Donation \$ \_\_\_\_\_ = Total \$ \_\_\_\_\_

### LIABILITY WAIVER MUST BE SIGNED BY RUNNER AND IF UNDER 18 LEGAL GUARDIAN

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants or guests, the effects of the weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release the Charlottesville Track Club, Road Runners Club of America, Spring Creek Community and Developers, Zion Crossroads Volunteer Fire Department, members of the board of the Spring Creek Screamin' 5K, the Commonwealth of Virginia and all Commonwealth employees, agents, and offices, the County of Louisa, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. Furthermore, I agree to be bound by the rules established with respect to this event. In consideration of the safety of all participants I understand that absolutely no headphones, animals on leash, skateboards, skates, baby strollers, baby joggers, rollerblades, or bicycles are permitted on the course. In addition I understand that if the race is cancelled by circumstances beyond the control of the organizers, my entry fee will not be refunded. I grant permission of all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

SIGNATURE OF RUNNER: \_\_\_\_\_ DATE: \_\_\_\_\_

LEGAL GUARDIAN IF UNDER 18: \_\_\_\_\_ DATE: \_\_\_\_\_